



Enjoy a Healthy School Meal this Autumn

How to Order: Online www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for using this service.

If you are not able to order via the internet please give our office a call on 01536 201203 between 9am and 4.30pm so that we can arrange an alternative ordering method for you. Children entitled to Free Meals can make a choice and order online

The price of a school dinner is £2.30 per day or £11.50 per week.

Special Offer: 3 children for the price of 2 on full weeks. Please ring our office 01536 201203 for details

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. Unfortunately if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact our office and we will try to help.

We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Drinking water and plain wholemeal bread is available daily. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. Please see 'more information' on our website menus for allergen information.

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before.

Please contact our Office on 01536 201203 or email: enquiries@kingswoodcatering.co.uk



Weeks commencing:
02/09/2019 23/09/2019
14/10/2019

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Choose one of the following delicious meals

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	Cheese and Tomato Pizza Baked Beans	Southern Fried Chicken Bites Mayonnaise (optional) Wrap Salad	Beef Bolognese Pasta Mixed Vegetables	Roast Turkey Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
2 Vegetarian Alternative	Meat Free Sausage Roll Baked Beans	Moroccan Falafel Bites Mayonnaise (optional) Wrap Salad	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Plain Omelette Chips Garden Peas
3 Picnic Lunch	Sliced Cheddar Cheese Sandwich	Houghton Ham in a Soft Roll	Tuna Mayonnaise Roll	Houghton Ham Sandwich	Cheddar Cheese Sandwich
4 Hot Pot or Salad	Chicken and Tomato Pasta Hotpot	CHILLED SUMMER SALAD. BBQ Chicken Strips with Sunshine Rice and Vegetables	New CHILLED SUMMER WRAP Ham and Cream Cheese	Cheesy Pasta Pot	Salmon and Sweet Potato Fishcake Roll served with Salad
5 Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Summer Chicken Mayonnaise	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

pudding	Mini Blueberry Muffin	Raspberry Mousse Slice	Melon and Pineapple Platter	Gullsborough Biscuit	Red Velvet Cake
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Weeks commencing:
09/09/2019 30/09/2019
21/10/2019

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	NEW Chicken Burger Roll Baked Beans	Sausages in Gravy Diced Potatoes in skins Garden Peas	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Carrots	Bubble Coated Fish Bites Chips Garden Peas
2 Vegetarian Alternative	Vegetable Nuggets Planter Potato Baked Beans	Linda McCartney Sausage in Gravy Diced Potatoes in Skins Garden Peas	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Cheese & Pepper Quiche Chips Garden Peas
3 Picnic Lunch	Sliced Cheddar Cheese Sandwich	Houghton Ham in a Soft Roll	Tuna Mayonnaise Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
4 Hot Pot or Salad	Chicken and Tomato Pasta Hotpot	NEW CHILLED SUMMER WRAP Houmous Carrot and Rocket Wrap	CHILLED SUMMER WRAP Grated and Cream Cheese in a Pumpkin Wrap	Cheesy Pasta Pot	CHILLED SUMMER SALAD Tuna Vegetable and Tomato Pasta Salad
5 Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato with Summer Chicken Mayonnaise	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Every picnic lunch includes fruit from the bowl, snack items and water					
 pudding	Organic Fruit Ice Lolly	Fruit Yoghurt	Melon and Pineapple Platter	NEW Fruity Flapjack Biscuits	Iced Carrot Cake



Weeks commencing:
16/09/2019 07/10/2019

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	NEW Chicken Korma Rice Mixed Vegetables	Empire Hot Dog in a Brioche Roll Baked Beans	Roast Chicken in Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Harry Ramsden's Fish in Batter Chips Garden Peas
2 Vegetarian Alternative	Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Vegetable Chickpea and Potato Curry Rice Mixed Vegetables	Quorn Frankfurter in a Brioche Roll Baked Beans	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Plain Omelette Chips Garden Peas
3 Picnic Lunch	Sliced Cheddar Cheese Sandwich	Houghton Ham in a Soft Roll	Tuna Mayonnaise Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
4 Hot Pot or Salad	Chicken and Tomato Pasta Hotpot	CHILLED SUMMER WRAP BLT in a Pumpkin Wrap	Cauliflower and Broccoli Cheese Bake	Cheesy Pasta Pot	NEW CHILLED SUMMER SALAD Tuna Sweetcorn and Mayonnaise Pasta Salad
5 Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Summer Chicken Mayonnaise	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Every picnic lunch includes fruit from the bowl, snack items and water					
 pudding	Organic Fruit Ice Lolly	Sweet American Pancakes & Honey	Melon and Pineapple Platter	Chocolate Flavoured Cookie	Banana Bread